



Notice of Privacy Practices Acknowledgment

I understand that, under the Health Privacy Act of 2003 I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly
- Obtain payment from third-party payors
- Conduct normal healthcare operations such as quality assessments and physician certifications

I understand this organization has the right to change its Notice of Privacy Practices from time to time and that I may contact this organization at any time to obtain a current copy of the Notice of Privacy Practices.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment, or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Signature of Patient or Parent/Guardian (if under 19): _____
Date: _____

Informed Consent to Chiropractic Treatment

The Nature of the Chiropractic Adjustment

We will use our hands or a mechanical device upon your body in such a way as to move your joints. That may cause an audible “pop” or “click,” much as you have experienced when you crack your knuckles. You may feel or sense movement.

The Material Risks Inherent in Chiropractic Adjustment

As with any health care procedure, there are certain complications that may arise during a chiropractic adjustment. Those complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy and costovertebral strains and separations. Some patients will feel some stiffness and soreness following the first few days of treatment.

The Probability of Those Risks Occurring

Fractures are rare occurrences and generally result from some underlying weakness of the bone or bone disease, which we check for during the taking of your history and during the examination and x-ray. Stroke has been the subject of tremendous disagreement within and without the profession with one prominent authority saying that there is at most a one-in-a-million chance of such an outcome. Since even that risk should be avoided if possible, we employ tests in our examination which are designed to identify if you may be susceptible to that kind of injury. The other complications are also generally described as “rare.”

The Availability and Nature of Other Treatment Options

Other treatment options for your condition include:

- Self-administered, over-the-counter analgesics and rest
- Medical care with prescription drugs such as anti-inflammatory, muscle relaxants and pain relievers
- Hospitalization with traction
- Surgery

The Material Risks Inherent in Such Options and the Probability of Such Risks Occurring Include:

Overuse of the over-the-counter medications produces undesirable side effects. If complete rest is impractical, premature return to work and household chores may aggravate the condition and extend the recovery time. The probability of such complications arising is dependent upon the

patient's general health, severity of the patient's discomfort, his/her pain tolerance, and self-discipline in not abusing the medicine. Professional literature describes highly undesirable effects from long term use of over-the-counter medicines.

Prescription muscle relaxants and pain relievers can produce undesirable side effects and patient dependence. The risk of such complications arising is dependent upon the

patient's general health, severity of the patient's discomfort, his/her pain tolerance, and self-discipline in not abusing the medicine, and proper professional supervision. Such medications generally entail very significant risks – some with rather high probabilities.

Hospitalization in conjunction with other care bears the additional risk of exposure to communicable disease, iatrogenic (doctor injured) mishap, and expense. The probability of iatrogenic mishap is remote, expense is certain, and exposure to communicable disease is likely with adverse result from such exposure dependent upon unknown variables.

The risks inherent in surgery include adverse reaction to anesthesia, iatrogenic (doctor caused) mishap, all those of hospitalizations and an extended convalescent period. The probability of those risks occurring varies according to many factors.

The Risks and Dangers Attendant to Remaining Untreated

Remaining untreated allows the formation of adhesions and reduces mobility, which sets up a pain reaction further reducing mobility. In addition, compromise to your neurophysiological integrity and health of your nervous system will continue. Over time these processes may complicate treatment, making the treatment more difficult and less effective the longer it is postponed. The probability that non-treatment will complicate a later rehabilitation is very high.

DO NOT Sign Until You Have Read and Understand The Above.

Please check the appropriate block and sign below:

I have read [] or have had read to me [] the above explanation of the chiropractic adjustment and related treatment. I have discussed it with my doctor and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have myself decided that it is in my best interest (or said minor's interest) to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to Koru Chiropractic and Neurology and Dr Stefan Billing, D.C. to perform the treatment and acknowledge that no guarantee or assurance as to the results that may be obtained from this treatment has been given to me.

Date

Patient Printed Name

Patient Signature

Signature of Parent or Guardian if Minor